

Dementia Action Week

18-24 September 2023



The Dementia Action Week campaign aims to reduce stigma and discrimination experienced by people living with dementia and their carers.

Discover some great insights and resources at Your Library during Dementia Action Week.

Act now for a Dementia-friendly future.

Remember, play and use your senses for fun

Mon 18 - Fri 22 Sept, 9am-5pm
Boronia Library, Park Crescent, Boronia

Come and explore a variety of Dementia Kits. We have a wide range, from reminiscing to activity to sensory. Bookings not required.

A walk down Memory Lane

Mon 18 Sept, 1:30pm - 3:30pm
Bayswater Library, Shop 26,
Mountain High Shopping Centre
7-13 High St, Bayswater

Join us for an afternoon of reminiscing at Bayswater Library. There will be activities, and games, plus, we'll be showcasing items from the library's dementia collection, including our robotic dog and cat. Stay for a cuppa and chat!
Bookings: events.yourlibrary.com.au

Knox Dementia Friendly Communities launch

Tue 19 Sept, 10:30am- 1:30pm
Knox Community Arts Centre, cnr Scoresby Road and Mountain Hwy, Bayswater

The Knox Dementia Advisory Group is hosting a mini expo and information session to raise awareness of dementia and highlight the various services and supports available in Knox for people living with dementia and their carers.
Bookings: stickytickets.com.au/EZ80E



Robotic companion animals

Thu 21 Sept, 11am-12pm
Knox Express, Shop 1001
509 Burwood Highway
Wantirna South

Come and see a demonstration of this special, new addition to our dementia collection. These furry, robotic equivalents offer those with dementia comfort, companionship and joy as they purr, meow, wag their tails and much, much more.

Bookings: events.yourlibrary.com.au

Dementia - a health education session

Sat 23 Sept, 11am - 12pm
Knox Express, Shop 1001
509 Burwood Highway
Wantirna South



Presented by the Water Well Project, this important session allows participants to discuss their experiences with family members/friends with dementia and their fears relating to personal memory loss. The session focuses on preventative factors, when to seek medical assistance, the Mini-mental Examination and delirium versus dementia.
Bookings: events.yourlibrary.com.au